

WHY NOT JOIN & RECEIVE REGULAR INFORMATION ?

Your membership entitles you to a quarterly copy of Impact News, resources to use during Responsible Gambling Awareness Week, information about relevant workshops, conferences and forums relating to gambling issues.

The Gambling Impact Society (NSW) Inc is a non-profit organisation governed by a band of volunteers. Membership fees are used to develop f the Society and resources including publication of the quarterly newsletter.

Membership to 30 June each year is as follows:

Individuals \$25 Organisations \$50

Students/Concessions \$10

NAME.....

Organisation.....

Address.....

Telephone: Fax:

E-mail:

Please circle:

Individual \$25

Organisation \$50

Students/Concessions \$10

Cheques payable to: Gambling Impact Society (NSW) Inc.
Mail to :Gambling Impact Society (NSW)
c/o Nowra Neighbourhood Centre,
134 Kinghorne St,
Nowra, NSW 2541

Additional donations welcomed.

- **Is gambling affecting your life?**
- **Do you gamble to escape worries or other uncomfortable feelings?**
- **Are you increasing your bets or finding yourself gambling more often?**
- **Are you concerned about a partner/friend or relative's gambling behaviour?**
- **Are gambling related financial worries getting you down?**
- **Is gambling affecting your relationships with family/friends/employers?**
- **Have you lost time from work because of gambling?**
- **Do you find yourself covering up or making excuses for your gambling behaviour?**

GAMBLING IMPACT SOCIETY (NSW) INC.

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**IS
GAMBLING
AFFECTING
YOUR LIFE?**



**GAMBLING IMPACT
SOCIETY (NSW) INC.**

**“GAINING SUPPORT
BY HELPING EACH
OTHER.”**

IS GAMBLING AFFECTING YOUR LIFE?

The Gambling Impact Society (NSW) Inc. was formed in July 2000 by a group of people who had been directly affected by problem gambling, either as a person who gambled themselves or as a family member.

It is a self-help organisation run on a not-for-profit basis by volunteers and professionals working in the field of problem gambling and social welfare.

The Society's primary aims are to provide information, community education and a community voice for those who have been affected by problem gambling.

SO WHAT IS PROBLEM GAMBLING?

"Problem Gambling is characterised by difficulties in limiting money and/or time spent gambling which leads to adverse consequences for the gambler, others or for the community" (Problem Gambling and Harm: Towards a National Definition, Nov. 2005). Some may consider this behaviour similar to an addiction, others a learnt behaviour which can be unlearnt.

What we know is that with appropriate treatment, support, family and community understanding many people who have struggled with this problem are able to turn their lives around and free themselves from a roller coaster of emotional, relationship and financial crises.



OUR AIMS ARE TO:

- Increase community awareness about problem gambling in order to reduce barriers to support for those affected
- Support those affected by problem gambling to obtain appropriate information, support & treatment
- Develop a range of both self-help and professional community educational resources and educational opportunities
- Work with all stakeholders to develop harm minimisation policies and strategies to reduce problem gambling in the community
- Provide advocacy for and on behalf of those at risk or those affected by problem gambling
- Develop opportunities for community development and capacity building with regards to addressing this public health issue
- Work in partnership with other stakeholders in developing a Public Health approach to preventing and reducing harm from problem gambling in the community.

OUR SERVICES:

- Quarterly newsletter "Impact News"
- Self-help and professional web based community education
www.gisnsw.org.au
- Educational resources including videos, CD's and a community library
- Inaugural hosts of NSW Responsible Gambling Awareness Week (2nd week of May each year) and development of RGAW community information kits
- Problem Gambling Training for the general public, community/welfare services and gaming venue staff
- Responsible Gambling Policy development advice & consultancy
- Human Resource Policy (Problem Gambling) development advice, training and consultancy
- Community advocacy
- Community information and referral

**IF GAMBLING IS A PROBLEM
RING G-LINE 1 800 633 635**

A 24hr counselling & referral service